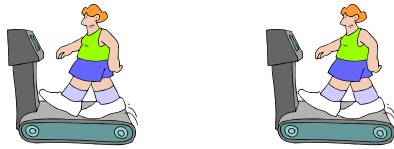


**RAINBOW MESSENGER**  
**DECEMBER, 2004**



**WALKING:** The banquet room will open for walking most weekday mornings at 8:00 a.m. If you walk 25 laps around the room you've walked a mile. The room is climate controlled for your comfort. Days the room will be occupied are: December 1<sup>st</sup>, 13<sup>th</sup> and 15<sup>th</sup>.



**FITNESS ROOM** is open from 8:00 a.m. to 3:45 p.m. Monday thru Friday in the lower level of the Arnold F. Habig Community Center. We ask you to please sign in and out at the receptionist desk whenever you use the fitness room.



**BILLIARDS/POOL:** You can enjoy playing pool Monday, Tuesday, Thursday and Friday from 8:00 a.m. to 3:45. We request you not **start your games on Wednesdays until 1:00 p.m.** Thanks for your cooperation.



**EXERCISE CLASS:** Mondays and Thursdays our Exercise Class meets at 9:00 a.m. Our exercises are designed to keep your joints limber. We finish with the "Chicken Dance" and the "Hokey Pokey". Come join us sometime!! Due to the Christmas Holiday, we will be closed on Monday, December 27<sup>th</sup>.



**FREE COMPUTER ASSISTANCE:**

Volunteers will be in the Center's Computer Lab on Wednesdays from 9:00 a.m. to 10:30 a.m. They are here to answer questions and sharpen your computer skills. This will be on a first come first served basis. Would you like to do more on your computer than play games?

**Would you like to learn?**

- To "Highlight"
- To Create Folders
- To "Copy" and "Paste"
- To "Drag"
- To "Save As"
- To "Save a Photo"
- To Send a Photo by E-Mail
- To Access your E-Mail from any computer
- To use the Google Search Engine on the Internet
- Or anything else you might want to know

**GAMES:** The Center has several different games for you and your friends to play. The games and cards are in our card/TV room. We also have games on our computers in the lab if you want to play them. Remember, Wednesday mornings are set aside for free computer assistance. The lower level has a regular size pool table, bumper pool table, ping-pong table and a shuffleboard court. These are available anytime except on Wednesday – please wait until 1:00 p.m. to start with these games. Thanks for your cooperation.

**SUNDAYS AT THE CENTER:** Would you like the Center open on Sunday afternoons? If so, it is up to you to volunteer to open. Please call the Center at: 482-4455 a week in advance to volunteer so I can get it in the paper.

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**CRAFTY LADIES SOCIETY:** Come and “Paint It” or “Craft It” and have fun with us. Learn new techniques every Tuesday from 9 a.m. – 12 p.m. Class fee \$1.00, includes use of some supplies. Schedule for December:

December 7<sup>th</sup> - Christmas Jewelry

December 14<sup>th</sup> - Ornament

December 21<sup>st</sup> - Snow People

December 28<sup>th</sup> - Finish Projects



**SINGING SENIORS:** This will be a fun month for our Singing Seniors. They have been asked to sing at the annual Recognition Dinner for **R.S.V.P.** Anyone attending, I’m sure, will enjoy the program!!

**CAROLING:** The Singing Seniors and anyone else are invited to join us for caroling at the Nursing Homes and Assisted Living Centers in Jasper on **Monday, December 20<sup>th</sup>**. We like your smiling faces and voices to join with us to brighten some peoples days. (I will have the music.) We will leave the Center at 8:50 a.m. on December 20<sup>th</sup>. We will carol then come back to the Center for lunch (which we will provide) then finish around 4:00 p.m. Please let us know by **Thursday, December 16<sup>th</sup>** if you plan on caroling with us so we will have plenty of food. (If you can only make half a day that is okay.)



**LINE DANCING CLASSES:** Come join the fun at the Arnold F. Habig Community Center on Wednesday evenings. Line Dancing Classes instructed by LaVerne Lechner, run from 6:00 – 7:30 p.m. every Wednesday evening (**except December 15<sup>th</sup>**) for Dubois County Senior Citizens 55 years and older. They are designed for beginners. All persons attending should wear tennis shoes. Class sessions will cost \$3.00 per dancer, payable each session. For more information call 482-4455. Hope to see you there!!



**CARD TOURNEYS:** **Sheephead Tourney** – **Thursday, December 2<sup>nd</sup>** and **Euchre Tourney** – **Thursday, December 16<sup>th</sup>**. Please sign-up by 10:00 a.m. the morning of the tourney. Each will consist of six (6) games. All tourneys start at 12:00 noon. Prizes are awarded. Entry fee is \$1.00 each. Hope you will come in and join us.

**BINGO:** Bring your pennies for Bingo on **Tuesday, December 14<sup>th</sup>** and **21<sup>st</sup>**. Games start at 12:00 noon. Regular games are \$.02 a card and our coverall is \$.03 a card. Each person should be able to play six (6) cards if they wish. Our new cards have arrived. Someone will be in the Banquet/Community Room starting at 11:30 a.m. to count the number of cards. Please be sure to let them know how many you will be playing.



**MOVIES & POPCORN:** Join us **Thursday, December 22<sup>nd</sup>** at 1:00 p.m. for Movie & Popcorn. We will be watching the comedy “**ELF**”, a movie to enjoy around Christmas. Hope you can join us.



**LUNCH OUT:** This month we will be eating at the newly opened Muddy Water Cafe in Jasper on **Wednesday, December 15<sup>th</sup>**. We will meet at 11:00 a.m. at the Muddy Water Cafe for lunch – dutch treat. Please call the Center at: 482-4455 by 3:00 p.m. on **Friday, December 10<sup>th</sup>** to join us for lunch.

**RAINBOW MESSENGER**  
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**QUILTING BEE'S:** We will hold the December quilting bees on **Monday, December 13<sup>th</sup>** and **December 20<sup>th</sup>**. Our quilting bees run from 9:00 a.m. to 3:00 p.m. All quilters are invited. The Center will provide lunch for all quilters. Hope you can attend.



**BLOOD PRESSURE CHECKS** will be held on **Tuesday, December 14<sup>th</sup>** from 11:30 a.m. to 12:00 noon.



**OLDER AMERICANS**  
**CHRISTMAS PARTY:**

Mark your calendars for  
**TUESDAY, DECEMBER 7<sup>TH</sup>**.

We will start with a catered meal by the Black Buggy Catering at 12:00 noon followed by **GB THE PRAIRIE CROONER**. Door prizes will be given out. Reservations were due in November. Hope you made reservations to attend the Center's Christmas Party!!!

**DERBY DINNER PLAYHOUSE TRIP:** We will be taking a charter bus to see Derby Dinner's Christmas play, **"A HOLIDAY TO REMEMBER"** on **Thursday, December 9<sup>th</sup>**. We will leave the Armory parking lot at 9:45 a.m. Sign-ups were in November. We will pick-up in Huntingburg on the way to Jasper and people getting picked up at Ferdinand Legion should be there at 9:45 a.m.

**NEW YEAR'S OPEN HOUSE (early):** Come in from **1:00 – 3:00 p.m.** on **Thursday, December 30<sup>th</sup>** for our New Year's Open House. We will have some cookies and coffee. Bring your friends in to play cards and games or enjoy a cookie before 2004 is over. The Center will close for the New Year's Holiday at 4:00 p.m. on the 30<sup>th</sup>. Have a Happy New Year!!



**2005 NEWSLETTER:** It is time to sign-up for the 2005 Rainbow Messenger Newsletter. Send us a check for \$5.50 so you will get the newsletter mailed to you each month. Make sure we have your correct name and address. Make checks payable to: **Older Americans, 1301 St. Charles Street, Jasper, IN 47546**. You can still pick-up the Newsletters at the Center, Huntingburg and Ferdinand Center's if you prefer.

**CLOSINGS:** The Older Americans will be closed on: **Friday, December 24<sup>th</sup>, Christmas Eve** and **Monday, December 27<sup>th</sup> – Christmas Holiday**, plus **Friday, December 31<sup>st</sup> – New Year's Eve** and **Monday, January 3<sup>rd</sup> for New Year's Holiday**.

**THANK YOU!!!** I WOULD LIKE TO TAKE THIS TIME TO THANK EVERYONE WHO HAS VOLUNTEERED THEIR TIME TO HELP THE CENTER IN ANY WAY THIS PAST YEAR. WE APPRECIATE YOU VOLUNTEERING TO HELP THE CENTER OUT IN SOME WAY. PLEASE UNDERSTAND I WOULDN'T WANT TO FORGET SOMEONE, SO I WON'T BE LISTING NAMES, HOWEVER, YOU EACH KNOW WHO YOU ARE. **THANK YOU VERY MUCH!!**



**MERRY CHRISTMAS**  
**TO EACH OF YOU FROM**  
**THE STAFF OF THE OLDER**  
**AMERICANS AND JASPER PARK**  
**DEPARTMENT. WE WISH EACH**  
**OF YOU A HAPPY AND HEALTHY**  
**NEW YEAR. HOPE TO SEE ALL OF**  
**YOU IN 2005!!**

*RAINBOW MESSENGER*  
*DECEMBER, 2004*



# HAPPY DECEMBER BIRTHDAYS!

- 1<sup>st</sup> Mildred Kavanaugh
- 3<sup>rd</sup> Alice Bockelman
- 4<sup>th</sup> Louise Uebelhor
- 14<sup>th</sup> Mariemma Huebner
- 18<sup>th</sup> Gerdie Sermersheim – Little Sisters  
of the Poor – 1236 Lincoln Ave.  
Evansville, IN 47714
- 18<sup>th</sup> Bob Bohnert
- 22<sup>nd</sup> Frances Uebelhor
- 24<sup>th</sup> Sylvester “Cotton” Knebel
- 27<sup>th</sup> Ann Summers
- 27<sup>th</sup> Marjorie Lampert
- 30<sup>th</sup> Anna Marie Otto –Brookside Village
- 30<sup>th</sup> Justine Otto – St. Charles
- 31<sup>st</sup> Louise Schnell

## HAPPY DECEMBER ANNIVERSARY!



29<sup>th</sup> Mr. & Mrs. Alphonse Lampert

**AARP NEWS:** The Dubois County Chapter will have their **Christmas Dinner** on **Wednesday, December 1<sup>st</sup> at 12:00 noon.** Reservations are needed.